

***Veteranos (M40) - Masculino***

Class.	Atleta	Tempo	T. Chip	6,7 km	Clube	Geral
1	António fernandes	01:08:55	01:08:51	00:22:22	Associação Recreativa de Vale de Cambra	10
2	Manuel Ferreira	01:09:09	01:09:06	00:22:22	Arada Atlético Clube	12
3	Augusto Costa	01:11:29	01:11:26	00:23:14		17
4	Delfim Conceição	01:12:45	01:12:41	00:24:02		22
5	Manuel Urbano	01:12:55	01:12:55	00:24:14	Arada Atlético Clube	24
6	Domingos Barros	01:13:05	01:13:05	00:24:15	Sira-Soc. Inst. Rec. Aldreense	26
7	Mário Barbosa	01:13:57	01:13:51	00:24:17		30
8	Manuel Pacheco	01:14:04	01:14:01	00:23:30	N.A.Joane	31
9	Manuel Pereira	01:14:34	01:14:31	00:24:16	Arada Atlético Clube	33
10	Manuel Silva	01:15:03	01:15:00	00:24:31	Clube de Atletismo de Vila Boa do Bispo	38
11	Jorge Brito	01:15:13	01:15:07	00:24:17	Associação Recreativa Estrela do Sul	40
12	Orlando Neves	01:17:05	01:17:00	00:25:27	Associação Recreativa Briosos Valboenses	49
13	Pedro Sarabando	01:19:27	01:19:22	00:26:35	Greca-Vagos	59
14	João Manuel Coelho Carvalheiro	01:20:07	01:19:59	00:25:09	CDQ - Centro Desportivo de Quarteira	64
15	Orlando Ferreira Valente	01:20:17	01:20:10	00:26:18	Atletas do Grupo Amizade	66
16	Porfiro Rocha	01:20:43	01:20:38	00:25:36	Associação Recreativa Estrela do Sul	71
17	Henrique Machado	01:21:32	01:21:27	00:25:38	Núcleo de Atletismo de Vila Real	76
18	Orlando Valente	01:22:17	01:22:12	00:26:19	Arada Atlético Clube	81
19	Rogério Cassaca	01:22:45	01:22:20	00:27:34	Amigos do Atletismo de Grândola	88
20	Rui Ferreira	01:22:51	01:22:40	00:27:38	Núcleo de Atletismo de Vila Real	89
21	Joaquim Ferreira	01:23:07	01:22:58	00:27:32	Arada Atlético Clube	90
22	Sérgio Martins	01:24:49	01:24:45	00:27:15	Associação Recreativa de Negrelos	106
23	Francisco Teixeira	01:24:52	01:24:35	00:27:49	Grupo Desportivo Luz Verde	108
24	José Carlos Mota	01:26:37	01:26:29	00:28:26	Grupo Desportivo Luz Verde	121
25	Aristides Emanuel Teixeira Vidalinha	01:26:47	01:26:39	00:27:50		123
26	Fernando Ribeiro	01:26:53	01:26:28	00:28:07	Associação de Atletismo Lebres do Sado	124
27	Augusto Cruz	01:27:24	01:27:20	00:27:30		131
28	Alvaro Machado	01:27:36	01:27:26	00:29:16	Clube GBES	132
29	Cláudio Queiroga	01:27:41	01:27:34	00:28:34	Dinamo Clube da Estação	133
30	Luís Vieira	01:28:42	01:28:17	00:29:10	Clube de Atletismo de Vila Boa do Bispo	142
31	José Ricardo	01:28:54	01:28:49	00:27:34	Maia Atlético Clube	145
32	José Teixeira	01:29:00	01:28:09	00:30:40		147
33	José Martins	01:29:21	01:28:46	00:31:30	Sira-Soc. Inst. Rec. Aldreense	150
34	Mário Paulo Amaral Carreira	01:29:36	01:29:28	00:28:41	PortoRunners	156
35	Miguel Pereira	01:29:55	01:29:44	00:28:55		160

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36	Pablo Feijoo	01:30:11	01:29:59	00:28:45		163
37	Philippe Minder	01:30:53	01:30:39	00:29:08	Os Luso/ Italo/ Helveticos	171
38	josé lopes	01:31:09	01:30:48	00:28:14	clube cercifaf	177
39	Jose Machado	01:31:44	01:31:08	00:30:02		185
40	Fernando Sousa	01:31:53	01:31:45	00:28:17	Clube de Atletismo de Vila Boa do Bispo	189
41	João Neto	01:32:01	01:31:54	00:30:06		191
42	Manuel Silva	01:32:12	01:32:00	00:30:35	Majestic Café	193
43	José César Dias Moraes	01:32:17	01:31:57	00:32:23		196
44	Antonio Soares	01:33:00	01:32:39	00:29:50		209
45	Domingos Manuel Correia Presas	01:34:15	01:34:06	00:30:18		226
46	David Sousa	01:34:21	01:34:01	00:30:58	Sunset Runners	229
47	José Resende	01:34:49	01:34:17	00:31:02	Arada Atlético Clube	237
48	José Francisco Magalhães Tomás Costa	01:35:12	01:35:02	00:29:27		238
49	Luís Fernandes	01:35:18	01:35:05	00:33:21	Ginásio Clube de Vila Real	246
50	Ezequiel Fernandes	01:35:54	01:35:24	00:30:52		259
51	Francisco P. A. Pimenta	01:36:47	01:36:23	00:32:08	Ginásio Clube de Santo Tirso	272
52	Victor Costa	01:37:11	01:36:56	00:31:53		277
53	Carlos Cardoso	01:37:24	01:37:06	00:30:57	Associação Desportiva Rio Largo Clube de E	280
54	Rogério Manuel Lopes Calvo	01:37:28	01:37:16	00:32:51	PortoRunners	283
55	António José Almeida Peres Marques	01:38:06	01:37:50	00:31:37		298
56	José Pessoa	01:38:07	01:37:37		Clube de Atletismo de Vila Boa do Bispo	299
57	Manuel Fernando Silva Oliveira	01:38:28	01:38:15	00:30:21		309
58	António Gonçalves	01:38:45	01:38:20	00:31:47	Casa do Benfica em Lousada	315
59	Paulo Campos	01:38:45	01:38:20	00:31:47	Casa do Benfica em Lousada	316
60	Celestino Garcia	01:38:58	01:38:23	00:32:44		320
61	Paulo Jerónimo	01:39:10	01:38:43	00:33:18	FAM 2 RUN	326
62	José Alberto Martins Ferreira	01:39:25	01:39:00	00:33:27		329
63	Jorge Matos	01:39:38	01:38:50	00:33:15	HP Boavista	335
64	Paulo Machado	01:39:46	01:39:39	00:31:41	Sporting Clube Lamego	339
65	Joaquim Saraiva	01:39:55	01:39:06	00:32:46		341
66	Paulo Canário	01:40:17	01:39:58	00:32:29	Individual	344
67	José Mário Pereira da Costa e Sousa	01:40:22	01:40:06	00:31:39		346
68	Rui Josué Boucinha Torres Eusébio	01:40:52	01:40:45	00:30:54		358
69	Fernando Rocha	01:40:54	01:40:44	00:30:55		359
70	Carlos Vieira	01:42:07	01:41:20	00:33:32	"OS Cachos"	374

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71	Silvério Miranda	01:42:55	01:42:41	00:28:58	Sira-Soc. Inst. Rec. Aldreense	395
72	Rui Pereira	01:43:09	01:42:48	00:34:27	Bosch TermoTecnologia SA	397
73	António Marques	01:43:43	01:43:27	00:31:47	Fernando Tavares Pereira	403
74	Carlos Plácido	01:44:06	01:43:52	00:33:42		414
75	John Hetrick	01:44:12	01:43:57	00:29:51		417
76	Jordi Carles Lopez Belchi	01:44:15	01:43:32	00:34:13		419
77	Jorge Humberto Batista Morgado	01:44:52	01:44:32	00:32:24		438
78	Ernestino Manuel Gomes de Azevedo	01:45:06	01:44:27	00:34:47		441
79	Mika Vindeman	01:45:11	01:44:55	00:35:41		443
80	Miguel Nascimento	01:45:46	01:45:36	00:32:36	individual	455
81	Paulo Marques	01:45:47	01:45:35	00:33:38	Majestic Café	457
82	Pedro Matos	01:47:18	01:46:44	00:33:30		486
83	Luis Paiva	01:47:21	01:46:16	00:37:43		489
84	Fernando Peixoto Queirós	01:47:21	01:46:16	00:37:43		490
85	Pedro Conde	01:47:22	01:46:47	00:35:28		491
86	António Lírio	01:47:28	01:46:40	00:37:28	Tâmega Clube	495
87	Paulo Silva	01:47:45	01:47:13	00:36:11	Maia Atlético Clube	502
88	Antonio Sequeira	01:48:03	01:47:16	00:33:36		509
89	Jorge Manuel Rodrigues Tiago	01:48:06	01:47:41	00:35:51		510
90	Jorge Ventura	01:48:16	01:47:41	00:37:51	Associação Amigos do Parque Infante D. Pe	514
91	João Quitério	01:48:41	01:48:32	00:33:01	CAMIR Mirandela	520
92	Paulo Alexandre Botelho	01:49:12	01:48:25	00:36:36		535
93	José Silva	01:49:18	01:49:12	00:30:34	Dasdikés	537
94	Bruno Pires de Lima Araujo Rodrigues	01:49:44	01:49:22	00:39:23		550
95	José Manuel Oliveira Leite	01:50:39	01:50:28	00:32:46	Atletas do Grupo Amizade	569
96	João Miguel Abreu Amorim Pinheiro Viei	01:50:53	01:49:53	00:36:28	PortoRunners	575
97	Joaquim Silva	01:51:22	01:50:36	00:37:28	Tâmega Desporto	584
98	Luis Miguel Carvalho	01:52:37	01:51:48	00:37:01		615
99	Fernando Caldas	01:53:05	01:52:56	00:38:43	Trio Talavera	621
100	Oseira Rodriguez	01:53:29	01:52:40	00:37:09		625
101	Fernando Teixeira	01:55:32	01:54:41	00:39:06	FERNANDO RUI TEIXEIRA	669
102	Miguel Silva	01:55:33	01:54:35	00:39:08	Miguel Maia Dias	671
103	Gonçalo Mendes	01:55:43	01:54:49	00:39:18	CAPSAS - Clube de Atletismo Pátio de Santo	675
104	Pedro Lencastre	01:56:03	12:55:47	00:37:13		680
105	Carlos Alves	01:56:06	01:55:15	00:35:20		683

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Class.	Atleta	Tempo	T. Chip	6,7 km	Clube	Geral
106	Nuno Alexandre Casanova	01:56:40	01:56:31	00:36:50		697
107	Luís João Archer	01:56:55	01:55:48	00:39:39	Well Domus	704
108	Amândio Babo	01:58:33	01:54:41	00:40:35		731
109	Heitor Manuel Santos Cardoso	01:59:14	01:59:05	00:34:28		736
110	Arsénio Reis	01:59:23	01:58:23	00:40:31		740
111	Miguel Silva	01:59:47	01:59:12	00:37:21		745
112	Jorge Basto	01:59:54	01:59:05	00:38:24	HP Boavista	747
113	Ricardo Muás	02:00:10	01:59:49	00:40:25		753
114	Manuel Hortelão	02:00:15	01:56:48	00:38:05	Amigos da Flor	755
115	Joaquim Cruz	02:01:36	02:01:26	00:38:08	Sunset Runners	776
116	José Pedro Tavares	02:01:45	02:00:41	00:40:38		778
117	Fernando Almeida	02:01:45	02:00:56	00:38:48		779
118	Paulo Miranda	02:01:54	02:01:20	00:38:30		783
119	António Mendes Silva	02:02:22	02:01:29	00:41:26	PortoRunners	790
120	José Eusébio	02:03:04	02:02:56	00:38:18		800
121	Alfredo Pereira	02:03:56	02:02:57	00:42:32	Açoreana Clube Banif	809
122	Vitor Teixeira	02:04:18	02:03:43	00:38:32		813
123	José Carlos	02:04:35	02:04:03	00:40:21	Maia Atlético Clube	819
124	Paulo Gama	02:06:05	02:05:21	00:39:53		834
125	Pedro Esteves	02:06:56	02:06:38	00:38:52		846
126	Luís Quinta-Nova	02:07:10	02:06:33	00:39:06	ADFA	848
127	Rui Gama	02:07:18	02:06:32	00:42:44	Equipa Zézés	852
128	Fernando Azevedo	02:07:22	02:06:24	00:42:17		855
129	Cesar Augusto Castro Neves	02:09:33	02:08:51	00:41:47		877
130	António Cunha	02:09:54	02:09:30	00:38:14		880
131	Alberto Alves	02:10:40	02:10:20	00:39:03	Os 5 à Hora	892
132	Armando Neves	02:11:11	02:10:54	00:39:30	Os 5 à Hora	897
133	Francisco Monteiro	02:13:12	02:12:20	00:40:53		919
134	Nelson Ré	02:13:16	02:12:38	00:45:05	Bosch TermoTecnologia SA	921
135	Nuno Telmo de Jesus Menezes Montene	02:16:24	02:16:10	00:39:41		938
136	José Manuel S.D. Espirito Santos	02:16:26	02:15:31	00:41:57	PortoRunners	939
137	Fernando Pascoal	02:16:49	02:16:02	00:42:58	UP YADOS	943
138	Pauli Innamaa	02:17:29	02:17:13	00:42:43		946
139	José Jaime Teixeira	02:20:18	02:20:03	00:36:59	Clube GBES	955
140	Ângelo Barros	02:26:29	02:25:52	00:42:17	Freemotion Club	982



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141	Jose Soares	02:26:50	02:26:27	00:46:06		986
142	José Carlos Gonçalves Pereira	02:33:08	02:32:11	00:47:09		1010
143	José Pais	02:33:23	02:32:44	00:46:34		1012