

***Veteranos (M45) - Masculino***

Class.	Atleta	Tempo	T. Chip	6,7 km	Clube	Geral
1	Fernando Adrião	01:13:11	01:13:06	00:24:15	Núcleo de Atletismo de Cucujães	27
2	Jorge Pádua	01:13:28	01:13:23	00:24:03	Núcleo de Atletismo de Matosinhos	29
3	Henrique Dias	01:15:08	01:15:01	00:24:18	Associação Recreativa Estrela do Sul	39
4	Adelino Fernandes	01:15:23	01:15:14	00:24:50	Associação Moinho de Vermoim	42
5	Fernando Ferreira	01:16:09	01:16:04	00:24:16	Arada Atlético Clube	44
6	José Braga	01:16:35	01:16:30	00:25:27	G.D.R. Juventude das Ribeiras	48
7	António Ramalho	01:17:36	01:17:31	00:25:28	Grupo Desportivo Leões da Guarda	50
8	Augusto Antunes	01:18:42	01:18:36	00:24:43	Associação Moinho de Vermoim	54
9	Carlos Magalhães	01:18:56	01:18:47	00:26:08		56
10	João Teixeira	01:19:19	01:19:16	00:24:32	Sporting Clube Lamego	58
11	Adão Silva	01:19:30	01:19:25	00:25:54	Futebol Clube de Penafiel	60
12	Mário Carvalho	01:21:29	01:21:22	00:26:37	Os 5 à Hora	75
13	Ernesto Almeida	01:22:18	01:21:55	00:27:16	Os Kágados	82
14	António Dias	01:22:38	01:22:32	00:26:36	Grupo Recreativo Estrela do Bonfim	87
15	Américo Pinto	01:23:26	01:23:11	00:27:32	CCD- Centro Cultural e Desportivo dos Tra	92
16	Rodrigo Silva	01:23:34	01:23:25	00:27:32	Arada Atlético Clube	95
17	Carlos Machado	01:25:37	01:25:28	00:27:45	JOBRA	114
18	António Caterna	01:26:06	01:25:21	00:29:53		116
19	António Osório	01:26:45	01:26:42	00:26:33	Sporting Clube Lamego	122
20	Joaquim Ribeiro	01:27:10	01:27:03	00:27:34		126
21	Carlos Nunes	01:28:08	01:27:56	00:30:29	Academico de Viseu	140
22	Henrique Manuel da Costa Morais	01:28:52	01:28:47	00:29:20	PortoRunners	144
23	Armando Marques	01:29:27	01:29:23	00:27:39	Associação Recreativa de Negrelos	152
24	José Silva	01:29:31	01:29:23	00:27:34	Maia Atlético Clube	154
25	Joaquim Lopes	01:29:36	01:29:25	00:28:51	EuroFiltros, LDA	157
26	Agostinho Costa	01:29:41	01:29:23	00:27:31	Associação Moinho de Vermoim	158
27	Fernando Sacramento	01:30:44	01:30:29	00:31:37	Fit & Fun Vale de Cambra	168
28	João Paulo Loureiro Ferreira	01:30:45	01:30:40	00:30:11		169
29	José Abílio Nunes	01:30:55	01:30:30	00:29:36		172
30	Fernando Fernandes	01:30:56	01:30:33	00:30:01	Arada Atlético Clube	173
31	Paulo Vilaça	01:31:12	01:30:56	00:29:48	Maia Atlético Clube	178
32	Manuel Gomes	01:31:23	01:30:55	00:31:27	Associação Recreativa de Negrelos	179
33	Filipe Carvalhais	01:31:34	01:31:19	00:30:04	Núcleo de Atletismo de Vila Real	183
34	Alexandre Ferreira	01:31:47	01:31:19	00:30:13	PortoRunners	187
35	Manuel Carneiro	01:31:53	01:31:45	00:27:51	Grupo Desportivo Leões da Guarda	188

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36 Belmiro Rodrigues	01:32:12	01:31:58	00:30:35	Associação Desportiva Rio Largo Clube de	194
37 Abel Costa	01:32:30	01:32:04	00:31:48	FAM 2 RUN	202
38 Fernando Alves	01:33:21	01:33:03	00:31:33	Corre Connosco Felgueiras	213
39 Joaquim Sacramento	01:34:30	01:33:59	00:30:57	Associação Amigos do Parque Infante D. P	231
40 Álvaro Reis	01:34:34	01:34:23	00:30:36	Associação Desportiva Rio Largo Clube de	233
41 Luis Martins	01:34:49	01:34:39	00:31:28	Associação Recreativa de Negrelos	236
42 José Santos	01:35:16	01:34:56	00:32:23	Amigos do Atletismo de Grândola	244
43 Manuel Ferreira Reis	01:35:27	01:35:17	00:32:57	Atletas do Grupo Amizade	248
44 António Joaquim Rosas Gomes	01:35:28	01:34:47	00:35:22	Ginásio Clube de Santo Tirso	249
45 Victor Guimarães Carvalho	01:35:29	01:35:01	00:32:09		250
46 João Fernandes Gonçalves	01:35:52	01:35:45	00:29:15		258
47 Vítor Manuel Alegre Chaves	01:36:07	01:35:52	00:31:36		260
48 Manuel Ferreira Almeida	01:36:32	01:36:21	00:30:56	Atletas do Grupo Amizade	268
49 Francisco Lemos	01:36:58	01:36:41	00:30:57	Corre Connosco Felgueiras	274
50 Nuno Peixoto	01:37:28	01:37:20	00:30:21	NUMO	282
51 Ilídio Ribeiro	01:37:31	01:37:20	00:31:11	Associação Desportiva Rio Largo Clube de	285
52 Vítor Patrício	01:37:42	01:37:28	00:31:08	Os Luso/ Italo/ Helveticos	289
53 Arnaldo Cruz	01:37:44	01:37:04	00:32:55	Welldomus Running	290
54 José Andrade	01:37:48	01:37:38	00:30:25	Maia Atlético Clube	293
55 Carlos Vale	01:37:51	01:37:28	00:32:07	Grupo Recreativo Estrela do Bonfim	294
56 Arnaldo Rodrigues	01:38:07	01:37:34	00:31:43		300
57 Joaquim Vieira	01:38:09	01:37:22	00:33:09	"OS Cachos"	301
58 João Labrincha	01:38:16	01:37:45		Associação Amigos do Parque Infante D. P	305
59 Sérgio Peixoto	01:38:55	01:38:44	00:30:46	Ginásio Clube de Vila Real	318
60 Amaro Rocha	01:38:57	01:38:19	00:33:30		319
61 Paulo Matos	01:39:06	01:38:28	00:31:43		323
62 Vasco Magalhães	01:39:12	01:38:48	00:31:42	Os Kágados	327
63 Paulo Neves	01:39:28	01:38:57	00:31:27	CVP	331
64 Antonio Sousa	01:39:42	01:39:31	00:33:27	PortoRunners	338
65 Franklim Cardoso Prata	01:40:31	01:39:50	00:33:01		351
66 Manuel Tavares	01:40:35	01:40:19	00:31:39		353
67 Luís Carlos Sousa Freitas Madureira Ser	01:40:49	01:40:37	00:32:02	PortoRunners	357
68 Manuel Batista	01:41:14	01:40:58	00:33:44	APOGMA	362
69 Sérgio Costa	01:41:36	01:40:57	00:33:11		365
70 Francisco José Puga Lobo	01:41:45	01:41:24	00:34:45	PortoRunners	367

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71	Silvério Pinto	01:42:14	01:41:18	00:34:07	Comporto	379
72	João Paulo Martins Correia	01:42:34	01:41:59	00:31:45	Casa do Benfica em Lousada	382
73	António Silva	01:42:34	01:42:00	00:31:47	Casa do Benfica em Lousada	383
74	Vitor Rafael	01:42:48	01:42:38	00:34:40	Açoreana Clube Banif	391
75	Rui Maia	01:42:50	01:42:02	00:33:10		392
76	António Veríssimo Pereira Gonçalves	01:43:41	01:43:20	00:33:05		402
77	Antonio Serafim Pessoa Pereira	01:43:44	01:43:35	00:31:58		404
78	Pedro Maia	01:43:59	01:43:25	00:35:22		411
79	Celso Torres de Almeida	01:44:31	01:44:06	00:35:09	Fit & Fun Vale de Cambra	425
80	Arnaldo Santos	01:44:32	01:43:59	00:34:58	Clube PT	428
81	Fernando Faustino	01:44:39	01:44:17	00:34:32	Bosch TermoTecnologia SA	433
82	José Maria Antonete Sanchez	01:45:09	01:44:55	00:33:43		442
83	Anibal Augusto Carvall	01:45:18	01:44:38	00:36:01		444
84	Carlos Manuel Fernandes Salgado	01:45:24	01:44:51	00:36:09	PortoRunners	446
85	Manuel Teixeira	01:45:25	01:44:51	00:33:38	Casa do Benfica em Lousada	447
86	Joaquim Monteiro	01:46:18	01:45:42	00:36:14	Casa do Benfica em Lousada	469
87	Joaquim Teixeira Barbosa	01:46:24	01:45:55	00:35:48	PortoRunners	470
88	Joaquim Manuel Pinto da Silva	01:46:37	01:46:19	00:32:32	PortoRunners	474
89	Jorge Filipe	01:47:02	01:46:19	00:35:48	Portugal 4 RUN	480
90	Armindo José Martins Ferreira	01:47:19	01:46:51	00:32:43		488
91	José Alberto Pereira Pinto	01:47:25	01:46:45	00:36:25		493
92	António Alberto da Costa Morais	01:47:44	01:47:13	00:36:16	PortoRunners	501
93	Jorge Moreira	01:47:48	01:47:17	00:36:09	Maia Atlético Clube	503
94	Paulo Louro	01:47:53	01:46:58	00:36:52	4@Fundo	505
95	Carlos Andrade	01:47:54	01:47:30	00:36:12	Os Kágados	506
96	Fernando Cerqueira	01:48:41	01:48:20	00:33:24	Associação Desportiva de Amarante ADA	522
97	Carlos Soares	01:48:59	01:48:31	00:37:28	Maia Atlético Clube	529
98	António Gonçalves	01:49:04	01:48:29	00:34:43	Os Tugas	532
99	Leandro Freitas	01:49:25	01:48:59	00:32:10		540
100	Gonçalo Teixeira	01:49:26	01:49:06	00:34:36	Sunset Runners	541
101	António Nascimento	01:49:37	01:49:28	00:32:56		547
102	José Paz	01:49:49	01:49:24	00:32:02		553
103	Alvaro Cerqueira	01:50:16	01:49:43	00:36:21	Associação Desportiva de Amarante ADA	564
104	Quirino Peixoto	01:50:28	01:50:02	00:37:58	Turistas Pradenses	566
105	Pedro Amaro	01:51:21	01:51:16	00:26:22	Núcleo de Atletismo de Matosinhos	583

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106	Paulo Brandão	01:51:46	01:50:48	00:38:05		596
107	José Oliveira	01:52:09	01:51:26	00:35:47	Grupo os Barrigas	602
108	Fernando Gonçalves	01:52:09	01:51:31	00:35:29		603
109	António Conde	01:52:11	01:51:26	00:38:00		604
110	António Trindade Corucho	01:52:23	01:51:35	00:35:45		609
111	José Silva	01:52:35	01:51:50	00:38:53	Sunset Runners	614
112	Alexis Bensch	01:52:41	01:52:37	00:35:45		616
113	Manuel Pinto	01:52:53	01:52:30	00:35:41	Clube de Atletismo de Vila Boa do Bispo	619
114	João Simões	01:52:54	01:52:37	00:36:50	APOGMA	620
115	Joaquim José Vieira Pires	01:53:54	01:53:22	00:36:16	PortoRunners	635
116	Carlos Perez-Bouzada	01:54:58	01:54:27	00:38:12		657
117	Jorge Dias	01:55:12	01:55:08	00:36:08	Clube Independente de Atletismo de Alpen	661
118	Ricardo Bastos	01:55:12	01:54:55	00:33:40	Clube Millenium BCP	662
119	Altino Ramos Silva	01:56:03	01:55:29	00:36:18	Clube do Pessoal da EDP - Porto	681
120	Manuel Carneiro	01:57:42	01:56:53	00:37:08	"OS Cachos"	711
121	Pedro Ferraz	01:58:35	01:57:49	00:35:56	FEMAB-HLM	732
122	Paulo Veiga	01:59:52	01:58:58	00:40:19	CAPSAS - Clube de Atletismo Pátio de Sa	746
123	João Damas	02:00:09	01:59:48	00:40:25		752
124	Abílio Alves	02:00:44	02:00:25	00:36:07		764
125	FernandoMouteiro	02:01:50	02:01:20	00:40:25	Associação Amigos do Parque Infante D. P	780
126	Alistair Jacob	02:02:10	02:01:12	00:42:32		787
127	Rui Eduardo Carvalho Silva	02:02:16	02:01:19	00:36:37		789
128	Macário José Braga da Silva	02:05:31	02:05:21	00:39:20		827
129	Joaquim Manuel Coelho Lima	02:07:19	02:06:30	00:39:25		853
130	Abel Cardoso	02:07:55	02:07:26	00:37:46	PortoRunners	864
131	José Carlos da Silva Rodrigues	02:10:51	02:10:10	00:41:15		893
132	João Monteiro	02:13:12	02:12:21	00:40:52		920
133	José Mario Nunes de Sousa	02:13:31	02:12:34	00:43:17		923
134	Rui Dinis	02:15:07	02:14:38	00:43:08		934
135	Paulo Rodrigues	02:18:26	02:17:29	00:45:04		951
136	Manuel José Puerta da Costa	02:18:31	02:18:25	00:37:14	PortoRunners	952
137	Arlindo Oliveira	02:19:46	02:18:59	00:42:46		954
138	Jaime Trabucho	02:20:31	02:19:24	00:47:09		957
139	Rui Lopes	02:20:42	02:19:41			960
140	José Azevedo	02:22:04	02:21:54	00:37:30	Grupo os Barrigas	968



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141	Rui Augusto Camilo Fernandes	02:24:40	02:24:21	00:41:41	PortoRunners	978
142	Mário Rui Ferreira	02:26:38	02:26:25	00:43:43		985
143	José Gil	02:27:47	02:26:41	00:46:35	Guedelhudos	989
144	Eduardo Andrade Gomes	02:28:06	02:27:54			991
145	Miguel Pimentel	02:29:24	02:28:55	00:45:33		994